



# A Collection of Advice

*from Social Media*

**THAYE DORJE**  
His Holiness the 17<sup>th</sup> Gyalwa Karmapa

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The Karmapas are the spiritual heads of the longest uninterrupted lineage of reincarnate masters in Tibetan Buddhism: the Karma Kagyu lineage.

Thaye Dorje, His Holiness the 17th Karmapa, received the title of Vidyadhara: “He who holds the complete knowledge of the sutras and tantras—the Buddha’s teachings.” He is the spiritual head of more than 900 monasteries and meditation centers throughout the world. Today, he travels all over the world to transmit the traditional Buddhist wisdom that encourages conflict resolution. Education develops the values inherent to all beings: compassion and wisdom that allow us to establish lasting peace and serenity on a personal and a societal level.

Thaye Dorje gives teachings directly and through his website and on social media. This book brings together his most important teachings for the first time so that all beings may access the understanding of their inner wealth.

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