

Here are the original messages on Facebook from the alternative fourth Jamgon Kongtrul Lodrö Chögyi Nyima Rinpoche on the first of August, 2016.

I left my role [as the Jamgon Kongtrul Tulku] on April 14th 2016, because of all the struggles and problems that have build up till now since [the] past 4-5 years. Now I have reached a state where it's unbearable. I have been restricted to fulfil my dreams and have not been allowed to take responsibility and stay in peace, and I feel, I am a burden to all.

Things seems so well and alright in front, but behind its all a chaos, and I can't live my life like this, showing all bright side but inside I feel incapable and unworthy of the name. I have made this choice as the last resort, and I had tried every possibilities to avoid this choice, but now I am tired of all these problems repeating, and them [meaning: the administrators] using the same excuse over and over again! I doubt you all will understand my choice, but I hope you do!

Please don't come looking for me now, even though you know, where I am, nor be worried of me. I will and can take care of myself. Those who believed in me still: I am sorry for doing this, but I had no choice. I am not a monk any more. I just want to study and fulfil my wish even though it is hard, still I will try and do it!

His Holiness Karmapa and Situ Rinpoche is always in my mind, and some of you know, what I went through, so please tell him all the things, I told you! And please tell His Holiness, that I don't deserve to see him any more, cause of my state and behaviour, and please assure him, that I always felt his deep love and care to me, but because of me, this unworthy disciple, everything that happened is cause of me!

If I stay on and go on meeting you all and meeting others, it will create more pain and problems and sadness. Also about the court case please continue with it, cause all the problems came with the name and responsibility I had. Now I am just living a normal life and will study, so please just clear this matter. I don't care how many years it takes, cause I have no desire to go out anytime now, and I will keep in touch with whoever wants to! [Tilogaard does nor know, what this court case is or is about.]

Those, who thinks their image and dignity in public would be ruined because my decision, are the ones, who is truly self-centred and selfish. Rather than accusing me, you should look out to the problems and dig out what circumstances made me leave.

This is my decision, and I have thought a lot.

I have made my decision now. I don't and can't be a monk any more, and I want to be left alone, and if you really do care and love me, then please leave me alone and don't come looking for me, for this time it will be a different outcome, if you do! [It seems, that this is not the first time, that Rinpoche has run away.]

Good bye and be well! I know it hurts, and some may be angry at me, and I am sorry, but I too have been suffering a lot, and to release some pain I have hurt myself by burning my arm and also had thoughts of killing myself, so I know pain and don't want to create more pain to you all nor me, so please give me peace, and those in the *labrang* [the Lama institution] who troubled me and was root of my trouble can have peace, cause I am gone!

I don't hate you all, for some of you I know you love and care for me, and so do I, but I had to do this, sorry!

With a difficult heart I have chosen a different life style and will study and pursue my dreams of becoming a doctor! How long will you all hide this? Stick and stone may break my bone, but words will rip my heart apart! And it has ripped my heart apart with all I had to keep I heart for all these years! [This last sentence does not make sense, except it means suffering.]

Here is the new post of the 06-08-2016:

The people in the labrang has send that official letter, but to all the monks and others they have said, [that] I left cause of a friend! Well it's easy to accuse me of running away because of a girl, and most people instantly believe, they say this to hide the true facts to why, I left and to cover their dirty tracks.

My friends have been complaining about, how they have been threatened by the people in the labrang and have been a victim of verbal abuse. How long will they sustain this politics? They also have a life of their own. Why are they being dragged into this? Few friends have left me, cause of the way the people in labrang treated them, after they supported me, some even sustained physical abuse.

The way they treated me and my friends, how can they even expect me to return?

As always I am true to myself, and I don't care, what others spread rumour about me, but spare my friends.

If you have any queries, message me directly. Stop involving my friends and stop bothering them.

I am sick and tired of all these politics!

For those who support me in this difficult time, thank you very much once again!

Tashi delek!

Source: <http://www.larbredesrefuges.com/t11165-jamgon-kongtrul-lodro-chokyi-nyima-quitte-ses-fonctions>