The Curriculum of the Bodhi Path Centers

Ground Knowledge of the Buddhist View on Facts

- 1. The Five Aggregates [5 skandhas].
- 2. The Eighteen Mental Seeds [18 dhatus].
- 3. The Twelve Sources of Sense [12 ayatanas], with the support of the Sautrantika Philosophy.
- 4. The Twelve Links of Interdependence, with the support of Madhyamaka Philosophy (Middle Way Philosophy).
- 5. Karma & The Explanation of the Six Causes and Four Conditions.
- 6. The Four Noble Truths (in detail) according to the Abhidharmakosha (Compendium of Higher Knowledge of Phenomena).
- 7. The Twenty-two Faculties [22 indriyas] according to the Abhidharmakosha.
- 8. The Relative and Absolute Truth according to the *Uma Gyen* (The Ornament of Madhyamaka) by Shantarakshita.
- 9. The Three Yanas [vehicles] and the Five Paths.
- 10. The Composed and the Non-Composed [samskritas & asamskritas].

Buddhist Ethics

- 1. Refuge vow and Bodhisattva vow.
- 2. Letter to a Friend by Nagarjuna.
- 3. Recalling the Qualities of Three Jewels Sutra.

Meditation

- 1. Chapter Eight of the Abhidharmakosha (Compendium of Higher Knowledge of Phenomena) on The States of Meditative Concentration, simplified version.
- 2. Chapter Seven of the Abhidharmakosha on Wisdom, simplified version.
- 3. The Commentary on the Remembrance of the Three Jewels by Taranatha.
- 4. Chapter Four of the Jewel Ornament of Liberation: "The Refuge Vow, the precepts of The Bodhisattva Vow, the Six Paramitas," etc.
- 5. Chapter Five of the Jewel Ornament of Liberation: "The Result: Buddhahood"
- 6. Practice of the Bodhisattva Wish, according to the Commentary on Wishing Prayer of the Arya Samantabhadra.
- 7. Lojong Practice: Seven Point Mind Training, according to the Commentary written by the present Shamar Mipham Chokyi Lodrö Rinpoche.